

PREVIOUS TREATMENT: NONE _____ (If none, skip to SELF CARE)

1. FIRST doctor I saw for this problem:

Name _____ City _____

Emergency Room Doctor _____ Podiatrist _____ Company doctor _____ Family doctor _____

Orthopaedic surgeon _____ Other _____

Date of First Exam _____ Date of last visit _____

TESTS: xrays _____ blood tests _____ nerve tests _____ CT scan _____ bone scan _____ MRI _____

TREATMENT:

steroid injections _____ how many _____ date of last one _____ Helped? Yes _____ No _____

anti-inflammatory pills _____ drug names _____ Helped? Yes _____ No _____

pain pills _____ drug names _____ Helped? Yes _____ No _____

physical therapy _____ type _____ Helped? Yes _____ No _____

pads/shoe modifications _____ Helped? Yes _____ No _____

orthotics _____ Helped? Yes _____ No _____

cast _____ how long? _____ Helped? Yes _____ No _____

surgery _____ (only recommended surgery did not do _____) Helped? Yes _____ No _____

other _____ Helped? Yes _____ No _____

2. SECOND doctor I saw for this problem:

Name _____ City _____

Emergency Room Doctor _____ Podiatrist _____ Company doctor _____ Family doctor _____

Orthopaedic surgeon _____ Other _____

Date of First Exam _____ Date of last visit _____

TESTS: xrays _____ blood tests _____ nerve tests _____ CT scan _____ bone scan _____ MRI _____

TREATMENT:

steroid injections _____ how many _____ date of last one _____ Helped? Yes _____ No _____

anti-inflammatory pills _____ drug names _____ Helped? Yes _____ No _____

pain pills _____ drug names _____ Helped? Yes _____ No _____

physical therapy _____ type _____ Helped? Yes _____ No _____

pads/shoe modifications _____ Helped? Yes _____ No _____

orthotics _____ Helped? Yes _____ No _____

cast _____ how long? _____ Helped? Yes _____ No _____

surgery _____ (only recommended surgery did not do _____) Helped? Yes _____ No _____

other _____ Helped? Yes _____ No _____

IF YOU SAW MORE THAN TWO DOCTORS FOR THIS PROBLEM PLEASE CHECK AND DESCRIBE TESTS AND TREATMENT ON THE BACK SIDE OF THIS PAGE. _____

FOOT AND ANKLE SURGEY: list earliest surgery first.

NONE _____

1. Date _____ Doctor _____ Hospital _____

Type of surgery _____

Helped? Yes _____ No _____ Complications?(list) _____

2. Date _____ Doctor _____ Hospital _____

Type of surgery _____

Helped? Yes _____ No _____ Complications?(list) _____

3. Date _____ Doctor _____ Hospital _____

Type of surgery _____

Helped? Yes _____ No _____ Complications?(list) _____

SELF CARE: None _____ Other _____

Changed shoes _____ Trimmed callouses _____ Store bought pads or arch supports _____

ANTICIPATED SURGEY:

Would consider surgery if the doctor thinks it's necessary? _____

Would not consider surgery? _____